Academy for Coaching & Counselling

Schedule Spring 2027

Programme: Addiction and Recovery Coaching and Counselling
Teachers: Wendy Hoost, Erik Willems
Class time: 10.00 a.m. – 5.00 p.m.
Class day: Friday (incl. online sessions on Wednesday)
Location: Utrecht

Module 1: Introduction to addiction counselling – Understanding addiction

1. 19 March 2027 *(mandatory attendance)*
2. 9 April 2027 *(mandatory attendance)*
3. 23 April 2027 *(mandatory attendance)*

Module 2: Recovery coaching (5 days)

4. 14 May 2027
5. 18 June 2027
6. 2 July 2027
7. 10 September 2027
8. 8 October 2027

Module 3: Family coaching in addiction (3 days)

9. 10 December 2027
10. 14 January 2028
11. 11 February 2028

Module 4: Coaching clients with active addiction (3 days)

12. 10 March 2028
13. 31 March 2028
14. 21 April 2028

Module 5: Marketing yourself as a coach and/or setting up your own practice (1 day)

15. 12 May 2028 *(mandatory attendance)*

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Online Sessions: Mental Disorders, Grief, and Trauma

The online sessions will take place on **Wednesday evenings** from **7.00 p.m. until 9.00 p.m.**

1. 14 April 2027
2. 12 May 2027
3. 9 June 2027
4. 30 June 2027
5. 22 September 2027
6. 20 October 2027
7. 17 November 2027
8. 22 December 2027

Theoretical exam online: Friday 19 May 2028
Time: from 10.00 a.m. – 12.00 (noon)
The theoretical exam will take place online, so you can do this from your home.

Attendance requirements

Students are required to attend at least 90% of classes to be able to receive a diploma. We expect you to be available on all dates on the class schedule and to follow the lessons in your own group. In principle, it is not allowed to catch up on a class day in another group, in order to guarantee group dynamics.

Only in very exceptional circumstances, mainly when the attendance requirement of 90% is compromised, can a lesson day be followed in another group. This is always in consultation with and at the discretion of the ACC.

Please note: attendance is mandatory for all classes of the three day introduction module, as well as for the last class day of the programme.